



**WOW!**



**WE TEACH  
9-13 YEAR-OLDS**



**WHAT'S YOUR  
SUPERPOWER?**

# Our Team of *Superheroes*



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Theme Song

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01

## Definition

Transition period between childhood and adolescence. They're no longer a little child, but not quite a teenager. They are in *between* the two age groups and their behavior and emotions reflect that.

In the USA this period is also called  
**TWEENS.**

02

# CHARACTERISTICS

*Physical, Cognitive,  
Behavioral, and Social*

# CHARACTERISTICS

01

First signs of puberty start and the new body image can affect their self-esteem

02

Beginning process of belonging to a group

03

They demonstrate strong feelings and intense emotions

04

They have a 30 minute maximum of attention span

05

They like to be appreciated and listened to

06

They quickly change their interests

# CHARACTERISTICS

07

They are more curious/investigative

08

They want to share personal experiences (a lot!)

09

They tend to be more involved when given responsibilities

10

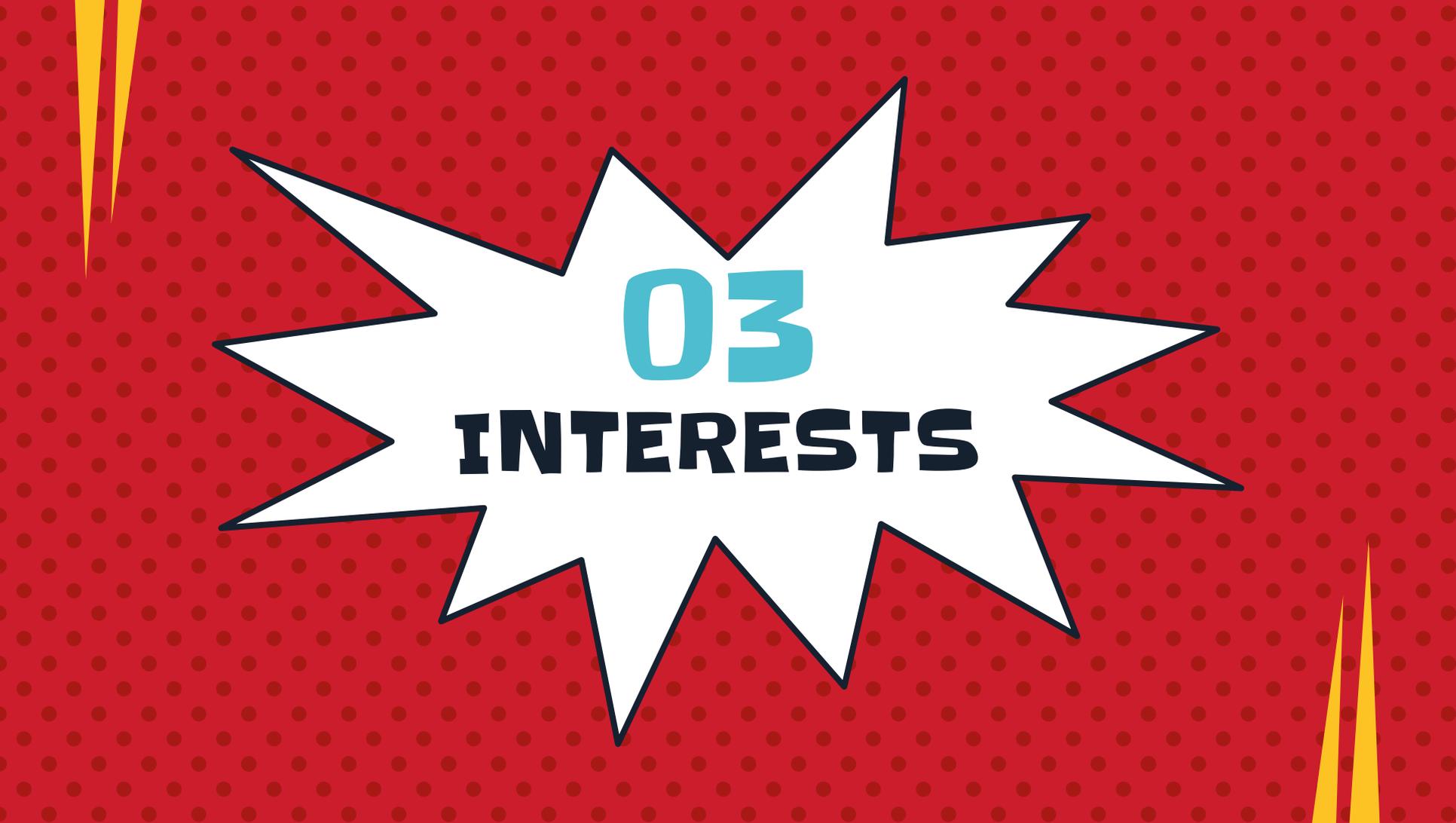
They participate more when the spiritist activities are related to their daily lives

11

This group may question some of the principles of Spiritism, but may not express it for fear of being teased.

12

The older girls are more engaged compared to the boys at the same age



03

**INTERESTS**

1

Because they are in this transition phase, it's important to bring activities: for children and teens



2

This group greatly benefits from topics that work their emotions and Spiritist topics that can be linked to aspects of their daily lives



3

Less theory and more hands-on activities.



4

Games  
Read aloud  
during storytime



5

Talk about movies, songs that they've been listening to, favorite sports team, favorite book, etc.



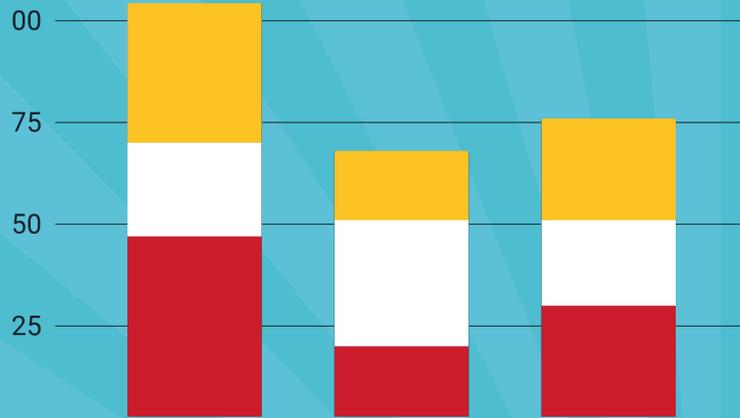
6

Guided  
meditation





# HOW DIFFICULT IT IS ...



To prepare a lesson that they'll enjoy from the beginning to end and stay focused on the topic.

To connect with children and foster an environment that they feel comfortable sharing their ideas and experiences.

To find an appropriate activity that will interest all children.

The good news is...  
**TOGETHER  
WE CAN DO IT!**



05

RESOURCES

# Activities that can showcase a lesson to reach the hearts, minds and hands of participants.

## BOOKS

- Spiritist books
- English literature with moral lessons

- Music
- Games: board, crossword puzzles, etc
- Movies with spiritist topics

## WEBSITES

- US Spiritist Federation
- Brazilians Spiritist Education (lessons ideas)

All the above wrapped up in..

- Pinterest (crafts)
- Youtube (videos, stories, Science experiments, music, short documentaries, etc)

- LOVE
- PATIENCE
- CARE
- UNDERSTANDING





**06**

**LESSON**

**Plan**

**\*Greetings**  
**\*Initial Prayer**

**\*Emotional Check-in**  
**\*Warm up Activity**

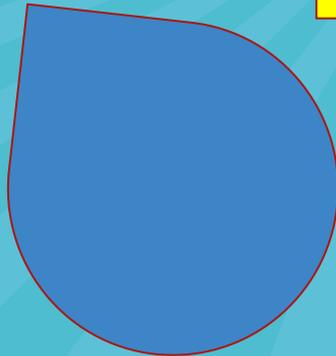
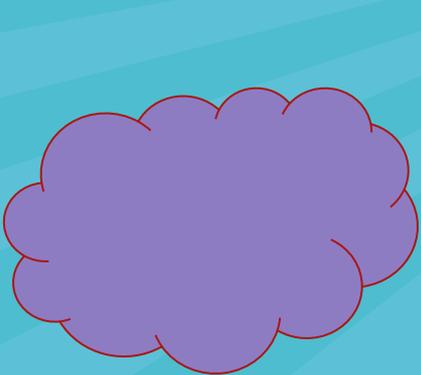
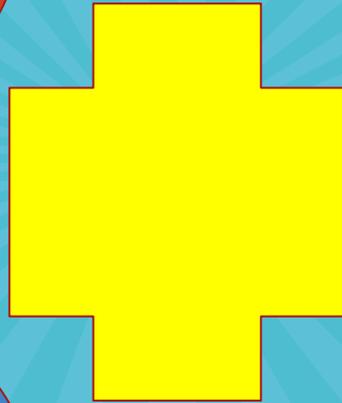
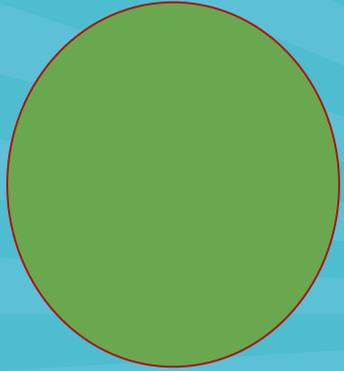
**\*Moral lesson**

**\*Main Activity**

**\*Meditation**

**\*Final Prayer**

# How are you feeling today?



The image features a vibrant red background with numerous thin, bright yellow lines radiating from the center towards the edges, creating a dynamic, starburst effect. The text "Kahoot" is positioned in the upper half, and "Time" is in the lower half, both centered horizontally.

**Kahoot**  
**Time**

Based on the  
Kahoot's  
questions...

What is  
the **THEME**  
for our  
lesson today?

Jesus and His Friends



Meditation